



Bidston Avenue Primary School

2022 Platinum Case Study



How we have embedded positive experiences of competition into offer and how this has made a difference to our uptake at Bidston Avenue

PE and sport are key to children's experiences at Bidston Avenue. We strive to create a positive environment in which children become more physically competent, motivated and confident to take part in sporting activities. Through offering a wide variety of competitive opportunities, both intra and inter, and liaising with Wirral School Games, we have been able to increase our uptake engaging more and different children.

As well as the benefits to their health, our children develop qualities such as respect, resilience, determination and self-belief alongside leadership, communication and team-working skills. This, in turn, has helped to raise the profile of PE and sport and motivate more children to take part in activities, clubs and competitions. The foundation of this rests on our sports leaders who help to deliver positive experiences of competition on the playground.

The following details how we achieve this at Bidston Avenue Primary School.



Sports Star Awards

Children living out the School Games Values are identified by staff and sports leaders and are awarded a Sports Star Award in an assembly. This has helped to focus children on exemplifying the values and not simply focusing on winning.

Sports Leaders

Our Sports Leaders are visible across the school at lunchtimes. Y5 leaders buddy with Y6 leaders to help train them and build their confidence delivering activities.



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Intra-Competition (Competition in School)

At lunchtimes, our Sports Leaders and Mini-Whistlers organise regular activities and competitions for other children. These have ranged from a mini-Euro 2022 tournament for Y1&2 and Y3&4 children, to helping children prepare for competitions, such as in gymnastics and inclusive sports. They also officiated our Birmingham 2022 sporting competition in the summer term. PE staff officiated the above competitions for Years 5/6, so that our leaders could take part themselves.

Our Y6 Sports Leaders have buddied up with our Y5 Sports Leaders to help them organise and run activities at lunchtimes. They organise activities on different playgrounds each day. The leaders focus on providing opportunities to try new sports, to help children prepare for competitions and to provide opportunities for children who would otherwise be inactive, to take part in and enjoy activities.

Sports Leaders encourage other children to achieve personal bests in activities such as speed bounce, 'wall ball', 'tap up tennis', 'catch and clap', as well as small-sided team games in traditional sports and inclusive sports. They have created a positive, active environment, which children enjoy being part of and helps to build respect, resilience and develop social skills.



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Sports Day 2022

We were delighted to be back at The Oval for the first time since 2019. Most children in Y3-6 took part in two running races, a vortex throw (similar to throwing a javelin) and the standing long jump before lunchtime. The results from each of the events were then put together to discover the top three performing girls and boys in each year group. These children then received their medals back at school. Those children who chose to take part in inclusive activities tried out boccia and sitting volleyball.

After lunch, Y1-2 joined us at The Oval, taking part in races and tried the standing long jump. Children in Y3-5 tried out the high jump and an obstacle course, while our Y6 children transformed into Sport Leaders and helped to encourage and organise children in other year groups across the different activities.

The day was topped off with races for parents and carers/family members which were run at an excellent standard.

School Games Values

As well as awarding the top three girls and boys for each event, staff were also on the look out for children living out the School Games values of teamwork, self-belief, respect, passion, honesty and determination.

Inclusive Activities

We want to encourage all children to take part in sport and activity but recognise that some children might like to try something a little different. Inclusive activities feature at events such as the Paralympics and the Commonwealth Games and include boccia, sitting volleyball, goalball and new age kurling. We run these activities at lunchtimes in school and challenge children to achieve their personal best.



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Inter-Competition (Competition Against Other Schools)

It has been a busy year of inter-competition, as Bidston Avenue children have taken part in competitions for eighteen different sports, ranging from cross-country and athletics, to boccia and basketball. Having such a wide range of events for children to represent Bidston Avenue in, has enabled us to engage more and different children.

Children have enjoyed taking part in different after school clubs, which, in turn, has helped to increase the number of children taking part in competitions and built up their enjoyment of sporting opportunities. Similarly, our Sports Leaders have helped to prepare children for competitions, giving them hints and tips to help them do their best.



We always enjoy sharing children's successes, which has really helped to inspire other children to become more active and take part in competitions. For example, one of our Y6 children came second in a Wirral Schools' Cross Country race and another child came sixth in the boys' race. For the next cross-country race, the number of our children wanting to take part increased greatly.



We have also seen how developing our curriculum offer has helped to increase children's enjoyment, participation and, therefore, their engagement in sport. For example, a coach from Cheshire Cricket Board worked with staff to develop their skills teaching cricket. The result was that more children signed up to our after-school club and our Y5/6 girls' team made it through to the county finals.



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County-Level Competition

As teams from Bidston Avenue have entered the range of competitions that we have this year, our children have been successful in making it through different stages and onto the county finals for girls' cricket, boccia, new age kurling and gymnastics. One of our children was chosen to represent Merseyside in the Northwest Sportshall Athletics Finals. All of these opportunities are built on the strong foundations of our curriculum offer, extra-curricular activities and competitive experiences that we provide for our children.

We know from our pupil survey that children relish the opportunity to represent the school and feel 'honoured' and 'exhilarated' and 'absolutely amazing' when they do. These positive views have also helped in school, as children enjoy playing sitting volleyball at lunchtimes and other inclusive sports, organised by our sports leaders, knowing that they might be able to represent the school and Wirral at the next inclusive competition/finals.

“ I felt proud of everyone working together as a team.
-Y5 child ”

“ I felt excited, happy, confident and special to be representing our school. However, I felt nervous at first.
-Y6 child ”



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